



## **Committee member report 2018 -2019 (Health and Safety – Equipment)**

It has been a turbulent year in terms of our gymnastics facility with the major event being the disastrous floods last summer. At the time, this seemed to have damaged a lot of equipment and things were looking fairly bleak. The only positive note at this point was the water hadn't got into the pits. Thanks to comprehensive insurance and herculean efforts from many parents, coaches, volunteers, gymnasts, carpet fitters, Tracks Gymnastics Equipment and probably a lot more I haven't mentioned, the situation was slowly rectified over a period of several months.

On behalf of the committee, I thank you all for bearing with us during this time. As you look around the gym now, you will probably be able to see that the standard of equipment in the gym now, is if anything, higher than it was prior to the flooding.

Gymnasts at Aspire therefore again benefit from the best facility and equipment in East Yorkshire. We operate a gym, which is quite literally the best. Equipment continues to be checked on a regular basis by coaches and via our risk assessment processes.

As I look at the club and its facility, I can honestly say I am proud of the ethos our coaches have in terms of safety. It is not always easy to know when continuing to use mats or to support a move is a hindrance rather than a help, or when to transfer a move from middle to low beam is right, but gymnasts successfully make transitions like this week after week.

Please be assured the committee members are very aware of the responsibility they hold for the condition of equipment and the gym in general and is working actively to promote the safety of all participants. With this in mind, we have recently appointed Alun McMillan to work in the club partly as a coach but also to work on our health and safety systems and the administration of the club over the next few years.

That being the case, I will no longer serve on the committee in this capacity in the future and will instead take up the vacant Head Coach position.

I am quite sure Alun has the experience and drive to maintain and improve on current processes.

Thank you

Simon Mearns  
Head Coach